

# The Gift of Clear Vision

**SEEING** is believing. I want to see my lovely grandchild. I want to see the twinkle in her eyes, I want to see all the best things in life

**H**aving a cataract is one of the feared problems of aging. Fortunately, modern small incision cataract surgery has advanced to such high standards that removing the cataract and replacing it with a premium lens implant not only restores, but also enhances vision.

Many people may discover they have a cataract when they make new glasses and still cannot see well, especially if they are over the age of 50 years. Cataracts usually cause a gradual, progressive, painless, blurring of vision in one or both eyes. Some patients also complain of increasing glare in bright light or difficulty seeing while driving at night. Certain types of cataracts also cause progressive myopia (increased short-sightedness) with frequent changes of spectacle power.

A cataract is what we call any opacification in the human lens. The normal human lens is clear, but with age and certain conditions like diabetes and trauma the lens becomes cloudy, leading to cataract formation. It was formerly thought that one should delay cataract removal until the cataract was ripe and you were literally blind. Because modern phacoemulsification cataract surgery has advanced radically, this thinking is now incorrect. In fact, surgery is much easier and the results better when the cataract is not too 'ripe' or 'mature'. The best time to consider cataract surgery is when you feel that the vision is starting to bother you.

Several new premium lens options exist which now allow you to throw away your glasses after cataract surgery for people with myopia (near-sightedness), astigmatism (cylinder), hyperopia (far-sightedness) or presbyopia (aging sight). Cataract surgery is generally quick, effective, and safe, and can be done without any painful injections and without significant downtime.

Dr Christopher Khng, our Medical Director is not only experienced in advanced cataract surgical techniques, but has also completed overseas clinical fellowships in the US in complex lens surgery and iris repair. He sits on the Cataract subcommittee of the American Academy of Ophthalmology and is an invited speaker at international conferences and meetings.

Come to get your eyes checked, so that you may continue to see well into your golden years. Good eye health is especially important in the enjoyment of the best quality of vision and life.



Come to Eyewise Vision Clinic for solutions to all your eye problems. Enhancing your vision is our goal. Experience visual rejuvenation with the latest premium lens technology in the hands of our skilful surgeon.

For more information on eye conditions, kindly visit our website [www.EyewiseVision.com.sg](http://www.EyewiseVision.com.sg) ■

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