

Visual Rejuvenation

'THE eyes are the windows to the soul,' or so the saying goes. Dr Christopher Khng at Eyewise Vision Clinic provides the latest techniques to ensure good eyesight

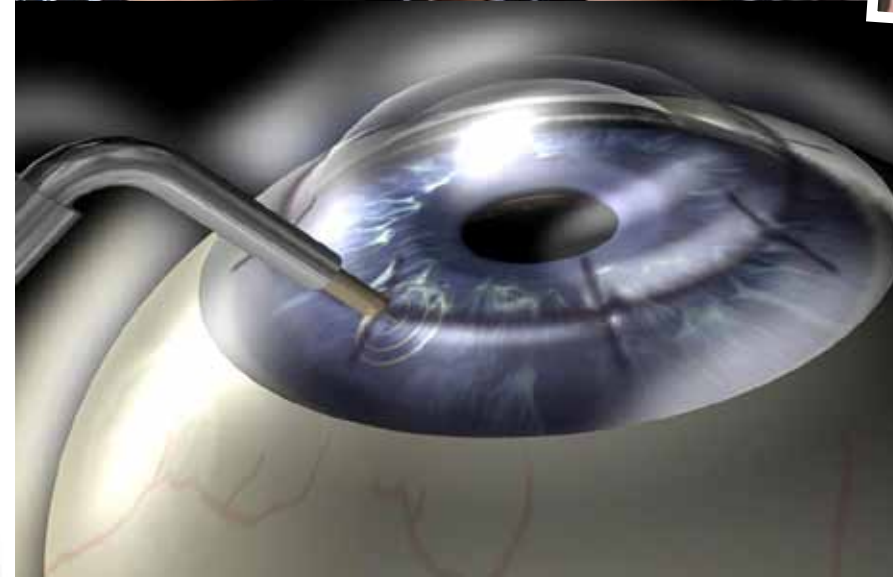
Realistically speaking, the eyes serve as our first contact to the world, allowing us to see things. This great element of our humanity is hampered when eye problems or ailments burden us.

With the heavy assimilation of technology into our lives, many people now spend their days in front of a computer screen, while others are glued to the TV and other such devices. This strain on the eyes is very unhealthy, and sometimes causes eye ailments such as astigmatism as well as short-sightedness. At the same time, as people grow older, their sight also ages, creating far-sightedness.

Addressing these various eye afflictions, Eyewise Vision Clinic at the Gleneagles Medical Centre, Singapore, has various advanced techniques that promote improved eyesight. Founded by the Flying Eye Doctor, Dr Christopher Khng, Eyewise Vision Clinic is one of the few eye clinics in the lion state that offers the latest non-invasive eye treatment that uses radiofrequency energy. "Conductive Keratoplasty with Light Touch (NearVision CK) is ideal for people in their 40s and onwards who suffer from aging sight or presbyopia, which is the condition wherein a person has difficulty with near vision, that is, reading a newspaper up close or working on a personal computer. This procedure is interesting because one, there is no cutting and no removal of tissue involved. Two, it lasts but a matter of minutes and many patients notice immediate improvement of eyesight following the treatment," shares Dr Khng, who is also specialist in difficult cataract surgery.

NearVision CK is performed using a probe thinner than a hair strand that releases radiofrequency energy, which is then applied to the cornea in a circular pattern. "The radiowaves cause tissue to tighten and shrink, which creates a tight band that changes the shape of the cornea, leading to multi-functionality, increasing near vision, while also not disturbing distant vision."

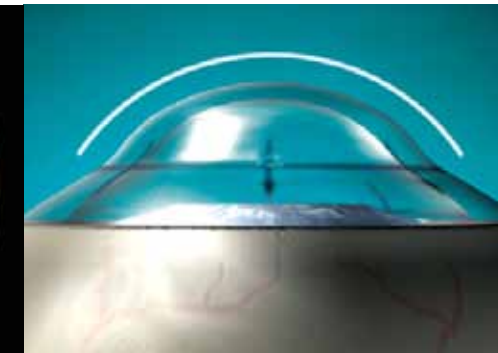
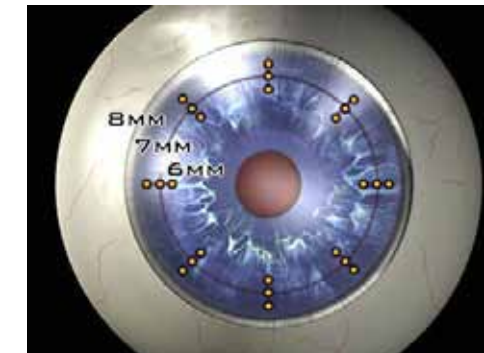
With very minimal side effects, NearVision CK



is considered the safest eye procedure in the world, "This treatment is very quick, very safe, and yet offers great results. In addition, it is considered painless. Patients usually feel some pressure on the eye as well as some mild discomfort afterwards, but this usually subsides after 24 hours."

As presbyopia is a progressive condition, NearVision CK does not guarantee permanent effects, as people's eyes continue to change as they age. However, it greatly improves eyesight, allowing patients to go without reading glasses when doing regular things such as reading a magazine. Directly following the procedure, patients must avoid getting contaminated water into their eyes, rubbing their eyes vigorously and ladies must refrain from applying eye make-up for one week after the procedure.

"Though not as commonly known as LASIK, NearVision CK is definitely a safer procedure, one that goes without the problems and side effects of LASIK. I'm glad that we are now offering it at Eyewise Vision Clinic and I'm sure



that the treatment's popularity will increase as people find out more about the benefits of NearVision CK." ■

EYEWISE VISION CLINIC
6 Napier Road
#08-19 Gleneagles Medical Centre
Singapore 258499
Tel (65) 6476-1211
Fax (65) 6476-1311
www.eyewisevision.com.sg